



BODY POLISH

BALI SPICE BUFF (60-minute Session)

Get that warm, glowing feeling with this traditional Balinese remedy. Hand-crushed spices stimulate body warmth, making this treatment especially popular during the cold and rainy seasons. Suitable for oily skin, this warming and moisturising scrub also relieves aching muscles and joints.

HONEY SESAME SCRUB (60-minute Session)

A sweet, gooey scrub made from golden honey and sesame seeds that is ideal for dry to normal skin. The sesame seeds gently exfoliate your skin, while honey, a natural remedy, aids in the healing of wounds and promotes new cell growth.

JASMINE FRANGIPANI SPARKLE (60-minute Session)

Jasmine and frangipani, two of the most fragrant flowers, blend with mineral spa salt to give your skin a treat that's well and truly deserved. Your skin will almost sparkle as the scented salt rubs off dead skin cells. Moisturising and anti-bacterial, this body polish is especially suited for oily skin.

LEMON CUCUMBER POLISH (60-minute Session)

Get ready to glow with this refreshing scrub made specially with lemon, apple, cucumber and tomato extracts. The gentle fruit acids dissolve dead cells and penetrates into the deeper layers of the skin for increased rejuvenation. Your skin will retain its youth and vitality, and take on a healthy polished radiance. Suitable for normal skin.

THAI HERBAL GLOWER (60-minute Session)

A rub-a-dub of mixed Thai herbs followed by a yoghurt wash is all you need to make your skin as soft and smooth as a newborn babe's. Ideal for normal to oily skins, this scrub also helps to lighten blemishes.



BODY WRAP

AVOCADO SMOOTHIE (90-minute Session)

Rich in vitamins, minerals and natural oils, avocado blended with milk and honey results in a creamy mask, which nourishes your skin and replenishes essential moisture and nutrients, leaving it plump and soft. Great for dry skin!

HONEY CUCUMBER SOFTENER (90-minute Session)

Surrender your senses as golden, molten honey is massaged all over your body as a prelude to gentle stroking with a linen pouch filled with blended cucumber. The juice of the cucumber is readily absorbed into the honey-coated skin, resulting in soft, supple and conditioned skin.

GINSENG BODY CONDITIONER (90-minute Session)

The Chinese were on to a good thing when they discovered the merits of this therapeutic root. Famed for its nourishing qualities, ginseng is food for all skins, especially those tending towards dryness. A blend of Chinese herbs enhances this mix meant purely for body conditioning.

POTATO PURIFIER (90-minute Session)

Knowing that potato is a great purifier, we've created a special blend out of this humble tuber to deep-cleanse your skin and lighten all blemishes. Ideal for dry to normal skin, this purifying mask helps even out skin tone.