



ANÚ SPA
AT THE BREHON

JANUARY OFFERS



Detox Mind and Body *Half Day Experience*

Arrive at enjoy the Anú Vitality Suite to invigorate the mind and body. Enjoy a detoxifying green tea body wrap (55mins) and a La Sultane De Saba Mini Gold peel off facial Mask (25mins). Unwind and make the most of quiet time in our relaxation room Refuel with a light lunch along with a tea or coffee in The Brehon Bar.

only
€145
per person

Relax & Renew *Midweek Package*

Take a midweek timeout and enjoy full use of the Anú Vitality Suite. Enjoy a warming de-stress back massage followed by a mini facial (55mins) Unwind and make the most of quiet time in our relaxation room

Monday- Thursday only

only
€99
per person

BOOK NOW

Email us at thespa@thebrehon.com or call 064 662 3980



THE BREHON
HOTEL & SPA