

Vitality Suite & Anú Spa Terms of Use

To maintain a peaceful environment, and to comply with health and safety regulations, children under 18 years of age are not permitted in the Anú Spa, Vitality Suite or Fitness Suite at any time.

Pre-booking of Spa treatments is essential; please call 064-6623980 or email; thespa@thebrehon.com to confirm time. All appointments are subject to availability.

ETIQUETTE

The Anú Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children under the age of 18 are not allowed in the Spa or the Vitality Suite. We ask that you respect other guest's privacy by speaking softly. Cellular phones and electronic devices are discouraged.

ATTIRE

Please arrive at the Anú Spa wearing comfortable, light clothing and/or a bathrobe. Disposable undergarments are available on request. Advance booking of any treatments or access to the Vitality Suite prior to your arrival is advised at the time of the booking.

CHECK-IN

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment times. A late arrival will result in shortened treatment to accommodate other guests fairly.

TREATMENT TIMES

The Spa operates from Monday to Sunday, from 8am to 8pm.

Please note that opening hours are subject to change without prior notice.

Additionally, Spa treatment bookings are available from Monday to Sunday, between 10 am and 6 pm.

Please note a minimum of 55 mins treatments is required to book on the weekends and bank holidays.

Please advise the Spa on arrival if you are pregnant as you may wish to avoid booking treatments that involve use of essential oils. Massage stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heart conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapist of any medical conditions.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the spa is prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

CANCELLATION POLICY

A 48-hour cancellation policy notice is required to help us re-schedule your appointment subject to space and availability. Any cancellation with less than 48 hours' notice will incur 100% cancellation fee. A full fee will be imposed for a "no-show".

VALUABLES

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises. Any lost property will be given to the Front Desk and stored for 3 months.

VOUCHERS

Treat a friend or loved one by giving them an experience they will never forget. Vouchers are available for use against any spa treatment, package or retail products. Vouchers are non-refundable and must be presented at the time of treatment. Please contact our receptionist for more details.

REFUND POLICY

Treatment packages are non-refundable. Unused portion of the package are non-transferable or non-exchangeable for another treatment. We accept cash and all major credit cards. All prices are quoted in Euro and are subject to change without prior notice.

DISCLAIMER

The services and facilities you use at Anú Spa are just for general wellness and shouldn't replace advice or treatment from a doctor for any health issues.

By using the spa, you agree to take responsibility for any problems or legal issues that arise from your actions at the spa. You also agree to cover any costs, including legal fees, if Anú Spa or its related companies and staff are blamed or sued because of something that happens during your visit or because of using the Spa's services and facilities.

RESPECT

Our hotel takes everyone's safety and security very seriously, including that of our employees. We do not allow any form of threats, harassment, or any behaviour that could be seen as abusive, whether it's physical or verbal.

If anyone behaves in a way that's not suitable or disturbs the peaceful environment of our Spa, we have the right to stop serving them or ask them to leave.