



AT THE BREHON

BREAKFAST MENU

CONTINENTAL

Fruit

Fresh Fruit Salad
Honey Dew Melon
Pineapple

Yogurt Pots

Natural Irish Yogurt 7
Mixed Berries & Seeds Yogurt 7|11

Bakery Basket (available from server)

Croissant 1w|3|7
Danish Pastry 1w|3|7
Brown Soda Bread 1w|3|7
Fruit Scone 1w|3|7

Cereal

Cornflakes 1b
Bran Flakes 1b|1w
Rice Crispies 1b
Muesli 1w|1o|7|8h|8a
Weetabix 1b|1w
Coco Pops 1b

Charcuterie

Cheese 7
Salami 7
Chorizo 7

HOT SELECTION

**Full Selection Available
From Our Extensive Buffet**
Gluten Free options available upon request

1w|3|7|10|12

Fish of the Day

Gluten Free

Hollandaise Sauce and a Garden Leaf Salad
1w|3|4|7

Eggs Benedict

Gluten Free available upon request

Two Poached Eggs, Toasted Brioche, Parma Ham &
Hollandaise Sauce
1w|1r|3|6|7|12

3 Egg Omelette

Gluten Free

Ham, Cheese, Tomato, Onion or Mushroom Fillings
3|7

DIETARY REQUIREMENTS

Should you have specific dietary requirements including vegan, vegetarian or gluten free, please ask a member of our team who will be delighted to assist you making selections.

HOT SELECTION

**Spillane's Smoked Salmon
& Scrambled Egg**

Gluten Free available upon request

Creamy Scramble & Smoked Salmon
Served on a Toasted Bagel
1w|7|1o|3|4

Vegan Breakfast

Gluten Free available upon request

Soya & Marjoram Vegan Bangers, Tomato,
Mushrooms, Potato, Baked Beans
1w|1b|6

Bowl of Porridge

Gluten Free available upon request

Made with Water
Choice of Mixed Berries, Honey or Mixed Seeds,
Syrup, Pistachios, Clotted Cream & Raspberry Jam
1|5|11

BEVERAGES

Hot Beverages

Irish Breakfast or Herbal Tea Selection, Coffee,
Hot Chocolate 7

Juices

Orange, Apple or Cranberry

1w Wheat | 1b Barley | 1o Oats | 1r Rye | 2 Crustaceans | 3 Eggs | 4 Fish | 5 Peanuts | 6 Soy Beans | 7 Milk | 8a Almonds | 8b Brazils | 8c Cashews | 8h Hazelnuts | 8m Macadamia
8pe Pecans | 8pi Pistachios | 8w Walnuts | 9 Celery | 10 Mustard | 11 Sesame Seeds | 12 Sulphites | 13 Lupin | 14 Molluscs